








CRM (-), LN (+) önce cerrahi mi,
neoadjuvan tedavi mi ?

Dr. Emre Balık
Koç Üniversitesi Tıp Fakültesi Genel
Cerrahi Anabilim Dalı

 Soru

CRM - LN + NEOADJUVAN
TEDAVI ? CERRAHI TEDAVI ?

 Rektum Kanseri Standart Tedavi Yöntemi


2000- ERUS ve BT


2010 sonrasında MR

cT1-2 Cerrahi

cT3-T4- cTxN+ Trimodalite

- Neoadjuvan tedavi
- Cerrahi
- Adjuvan tedavi



 Rektum Kanseri

Lokal nüks sorunu


- %15-25


Neoadjuvan tedavi


- %5-10


Ancak DFS – OSS üzerine etki ?

- Evre 2-3 : %30-40 uzak metastaz
- Başarısızlık?

 Sorun

 Neoadjuvan tedavi sonrası bekleme

 KT tedavisinin gecikmesi 20 hafta
mikrometastaz
Sadece 5FU

 Sorun


T evresi MR %90 üzeri

CRM MR. %90 üzeri


Lenf nodu %55 -69

- N < 2mm + %18-22*

Cevap



Neoadjuvan tedavi



NCCN : EVRE II- III ESMO: T3 N1

Cevap

- Tümör lokalizasyonu
- Evreleme ?
- T3 a-b- c- d
- Lenf nodu Boyut
Sayı
Lokalizasyon
- CRM
- EMVI

Hastaya Yansıyan

- Hastanın beklentisi
- Yaşam kalitesi
- Sfinkter koruma

Magnetic Resonance Imaging–Detected Tumor Response for Locally Advanced Rectal Cancer Predicts Survival Outcomes: MERCURY Experience

Uday B. Patel, Fiona Taylor, Lennart Blomqvist, Christopher George, Hywel Evans, Paris Tekkis, Philip Quirke, David Sebag-Montefiore, Brendan Moran, Richard Heald, Ashley Guthrie, Nicola Bees, Ian Swift, Kjell Pennert, and Gina Brown

ABSTRACT

Purpose
To assess magnetic resonance imaging (MRI) and pathologic staging after neoadjuvant therapy for rectal cancer in a prospectively enrolled, multicenter study.

Methods
In a prospective cohort study, 111 patients who had rectal cancer treated by neoadjuvant therapy were assessed for response by MRI and pathology staging by T, N and circumferential resection margin (CRM) status. Tumor regression grade (TRG) was also assessed by MRI. Overall survival (OS) was estimated by using the Kaplan-Meier product-limit method, and Cox proportional hazards models were used to determine associations between staging of good and poor responders on MRI or pathology and survival outcomes after controlling for patient characteristics.

Results
On multivariate analysis, the MRI-assessed TRG (mrTRG) hazard ratios (HR) were independently significant for survival (HR, 4.40; 95% CI, 1.65 to 11.7) and disease-free survival (DFS; HR, 3.28; 95% CI, 1.22 to 8.80). Five-year survival for poor mrTRG was 27% versus 72% ($P = .001$), and DFS for poor mrTRG was 31% versus 64% ($P = .007$). Preoperative MRI-predicted CRM independently predicted local recurrence (LR; HR, 4.25; 95% CI, 1.45 to 12.51). Five-year survival for poor post-treatment pathologic T stage (ypT) was 29% versus 76% ($P = .001$); DFS for the same was 38% versus 84% ($P = .001$); and LRF for the same was 27% versus 6% ($P = .018$). The 5-year survival for involved pCRM was 30% versus 59% ($P = .001$); DFS, 29 versus 62% ($P = .02$); and LRF, 56% versus 10% ($P = .001$). Pathology node status did not predict outcomes.

Conclusion
MRI assessment of TRG and CRM are imaging markers that predict survival outcomes for good and poor responders and provide an opportunity for the multidisciplinary team to offer additional treatment options before planning definitive surgery. Postoperative histopathology assessment of ypT and CRM but not post-treatment N status were important postsurgical predictors of outcome.

J Clin Oncol 29:3763-3780. © 2011 by American Society of Clinical Oncology

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Analysis of Data

Tumors were categorized into good and poor responders to enable binary comparison by multivariate analysis. On the basis of known histopathologic outcomes according to ypT stage, good ypT or ymrT stage was defined as stages T0, T1, T2, and T3a; poor was defined as ypT or ymrT stages T3b, T3c, T3d, or T4. Stages T3a and T2 tumors have similar outcomes and therefore are classified as good.^{16,17}

JOURNAL OF CLINICAL ONCOLOGY ORIGINAL REPORT

Preoperative Magnetic Resonance Imaging Assessment of Circumferential Resection Margin Predicts Disease-Free Survival and Local Recurrence: 5-Year Follow-Up Results of the MERCURY Study

Fiona G.M. Taylor, Philip Quirke, Richard J. Heald, Brendan J. Moran, Lennart Blomqvist, Ian R. Swift, David Sebag-Montefiore, Paris Tekkis, and Gina Brown

Results
Surviving patients were followed for a median of 62 months. The 5-year OS was 62.2% in patients with MRI-clear CRM compared with 42.2% in patients with MRI-involved CRM with a hazard ratio (HR) of 1.97 (95% CI, 1.27 to 3.04; $P < .01$). The 5-year DFS was 67.2% (95% CI, 61.4% to 73%) for MRI-clear CRM compared with 47.3% (95% CI, 33.7% to 60.9%) for MRI-involved CRM with an HR of 1.65 (95% CI, 1.01 to 2.69; $P < .05$). Local recurrence HR for MRI-involved CRM was 3.50 (95% CI, 1.53 to 8.00; $P < .05$). MRI-involved CRM was the only preoperative staging parameter that remained significant for OS, DFS, and LR on multivariate analysis.

Conclusion
High-resolution MRI preoperative assessment of CRM status is superior to AJCC TNM-based criteria for assessing risk of LR, DFS, and OS. Furthermore, MRI CRM involvement is significantly associated with distant metastatic disease; therefore, colorectal cancer teams could intensify treatment and follow-up accordingly to improve survival outcomes.

J Clin Oncol 32:34-43. © 2013 by American Society of Clinical Oncology

Preoperative High-resolution Magnetic Resonance Imaging Can Identify Good Prognosis Stage I, II, and III Rectal Cancer Best Managed by Surgery Alone

A Prospective, Multicenter, European Study

Fiona G.M. Taylor, MBBS, FMRCS¹, Philip Quirke, PhD, BM, FRCPath¹, Richard J. Heald, MB, BCh, FRCS², Brendan Moran, MB, BCh, FRCS³, Lennart Blomqvist, MD, PhD⁴, Ian Swift, MS, FRCS, FRC⁵, David J. Sebag-Montefiore, FRCP, FRCS⁶, Paris Tekkis, MBBS, MD, FRCS⁷, and Gina Brown, MBBS, MD, FRCS¹ for the MERCURY study group

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Demographic Variable	Frequency (%)
Male	71 (58.2)
Female	51 (41.8)
Operative	102 (83.4)
Abdominoperitoneal	13 (10.7)
Excision	6 (4.9)
Other	1 (0.8)
Height of cancer	20 (16.4)
Low (≤ 5 cm)	62 (50.8)
Upper (6-10 cm)	40 (32.8)
MRI T1 stage	
T1N0	37 (44.7)
T2N0	24 (19.7)
T2N1	19 (15.6)
Stage II	31 (25.4)
T2N0	7 (5.7)
T2N1	6 (4.9)
T2N2	7 (5.7)
T2N3	1 (0.8)
T2N4	1 (0.8)
Stage III	22 (18.0)
T3N0	11 (9.0)
T3N1	11 (9.0)
T3N2	1 (0.8)
T3N3	1 (0.8)
T3N4	1 (0.8)
T3N5	1 (0.8)
T3N6	1 (0.8)
T3N7	1 (0.8)
T3N8	1 (0.8)
T3N9	1 (0.8)
T3N10	1 (0.8)
T3N11	1 (0.8)
T3N12	1 (0.8)
T3N13	1 (0.8)
T3N14	1 (0.8)
T3N15	1 (0.8)
T3N16	1 (0.8)
T3N17	1 (0.8)
T3N18	1 (0.8)
T3N19	1 (0.8)
T3N20	1 (0.8)
T3N21	1 (0.8)
T3N22	1 (0.8)
T3N23	1 (0.8)
T3N24	1 (0.8)
T3N25	1 (0.8)
T3N26	1 (0.8)
T3N27	1 (0.8)
T3N28	1 (0.8)
T3N29	1 (0.8)
T3N30	1 (0.8)
T3N31	1 (0.8)
T3N32	1 (0.8)
T3N33	1 (0.8)
T3N34	1 (0.8)
T3N35	1 (0.8)
T3N36	1 (0.8)
T3N37	1 (0.8)
T3N38	1 (0.8)
T3N39	1 (0.8)
T3N40	1 (0.8)
T3N41	1 (0.8)
T3N42	1 (0.8)
T3N43	1 (0.8)
T3N44	1 (0.8)
T3N45	1 (0.8)
T3N46	1 (0.8)
T3N47	1 (0.8)
T3N48	1 (0.8)
T3N49	1 (0.8)
T3N50	1 (0.8)
T3N51	1 (0.8)
T3N52	1 (0.8)
T3N53	1 (0.8)
T3N54	1 (0.8)
T3N55	1 (0.8)
T3N56	1 (0.8)
T3N57	1 (0.8)
T3N58	1 (0.8)
T3N59	1 (0.8)
T3N60	1 (0.8)
T3N61	1 (0.8)
T3N62	1 (0.8)
T3N63	1 (0.8)
T3N64	1 (0.8)
T3N65	1 (0.8)
T3N66	1 (0.8)
T3N67	1 (0.8)
T3N68	1 (0.8)
T3N69	1 (0.8)
T3N70	1 (0.8)
T3N71	1 (0.8)
T3N72	1 (0.8)
T3N73	1 (0.8)
T3N74	1 (0.8)
T3N75	1 (0.8)
T3N76	1 (0.8)
T3N77	1 (0.8)
T3N78	1 (0.8)
T3N79	1 (0.8)
T3N80	1 (0.8)
T3N81	1 (0.8)
T3N82	1 (0.8)
T3N83	1 (0.8)
T3N84	1 (0.8)
T3N85	1 (0.8)
T3N86	1 (0.8)
T3N87	1 (0.8)
T3N88	1 (0.8)
T3N89	1 (0.8)
T3N90	1 (0.8)
T3N91	1 (0.8)
T3N92	1 (0.8)
T3N93	1 (0.8)
T3N94	1 (0.8)
T3N95	1 (0.8)
T3N96	1 (0.8)
T3N97	1 (0.8)
T3N98	1 (0.8)
T3N99	1 (0.8)
T3N100	1 (0.8)

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MERCURY—MRI-predicted Good Prognosis Patients	Local Recurrence	5-Year Overall Survival	5-Year Disease-free Survival
Total patients (n = 122)	2.5%	68.2% (95% CI, 60.3%-76.0%)	84.7% (95% CI, 76.0%-90.4%)
T1-2, N0, N1, and N2 (n = 58)	1.7%	67.9% (95% CI, 53.5%-78.2%)	81% (95% CI, 64.1%-89.8%)
T1, 2, or 3, N positive disease (n = 22)	0%	81% (95% CI, 48.7%-78.2%)	95% (95% CI, 69.5%-99.3%)

Preoperative Factor	Local Recurrence	Overall Survival	Disease-free Survival
Height of tumor (low)	Hazard Ratio 1.566 (0.161-14.863) P 0.706	Hazard Ratio 0.666 (0.251-1.651) P 0.362	Hazard Ratio 0.602 (0.462-5.595) P 0.214
Type of operation (APE)	0.050 (0.000-7361.65) P 0.622	1.499 (0.97-2.17) P 0.068	1.384 (0.432-4.436) P 0.584
Age (> 65, y)	0.783 (0.107-5.392) P 0.760	2.854 (1.352-5.986) P 0.004	1.009 (0.394-2.585) P 0.985
Sex (male)	0.244 (0.025-2.345) P 0.222	1.230 (0.609-2.334) P 0.526	0.932 (0.368-2.365) P 0.883

Preoperative Factor	Local recurrence	Overall Survival	Disease-free Survival
Height of tumor (low)	Hazard Ratio 2.580 (0.268-24.829) P 0.412	0.412 (0.171-1.220) P 0.118	1.917 (0.598-6.152) P 0.274
Type of operation (APE)	No events n/a	2.128 (1.609-2.817) P 0.006	1.031 (0.276-3.956) P 0.964
Age (> 65, y)	0.821 (0.114-5.899) P 0.845	2.967 (1.407-6.255) P 0.004	0.968 (0.375-2.501) P 0.947
Sex (male)	0.244 (0.025-2.374) P 0.224	1.120 (0.585-2.146) P 0.733	0.935 (0.376-2.428) P 0.923

APE indicates abdominoperitoneal excision.

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Variable	n	Mean (SD)	n	Mean (SD)	n	Mean (SD)
Age	111	62.0 (10.2)	111	62.0 (10.2)	111	62.0 (10.2)
Sex	111	62.0 (10.2)	111	62.0 (10.2)	111	62.0 (10.2)
Height of tumor	111	62.0 (10.2)	111	62.0 (10.2)	111	62.0 (10.2)
Type of operation	111	62.0 (10.2)	111	62.0 (10.2)	111	62.0 (10.2)
Local recurrence	111	62.0 (10.2)	111	62.0 (10.2)	111	62.0 (10.2)
Overall survival	111	62.0 (10.2)	111	62.0 (10.2)	111	62.0 (10.2)
Disease-free survival	111	62.0 (10.2)	111	62.0 (10.2)	111	62.0 (10.2)

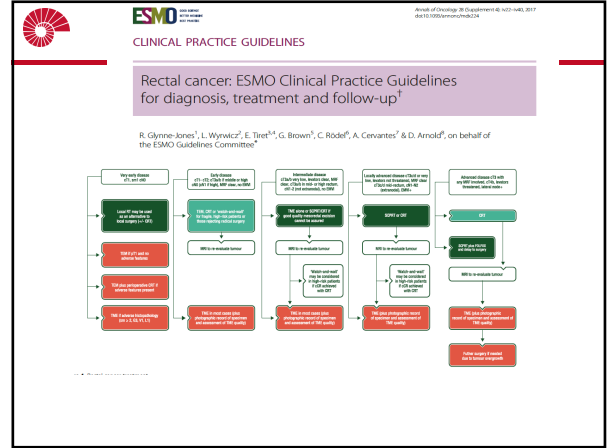
ESMO CLINICAL PRACTICE GUIDELINES

Rectal cancer: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up¹

R. Glynne-Jones¹, L. Wynne², E. Tejpar³, G. Brown⁴, C. Rodeh⁵, A. Cervantes⁶ & D. Arnold⁷, on behalf of the ESMO Guidelines Committee⁸

Table 6. Recommended choice of treatment options within T1M risk category of primary rectal cancer without distant metastases

Risk group	TN substage	Possible therapeutic options	Further considerations
Very early	cT1 sm1 N0 (on ERUS and MR)	Local excision (TEM) If p11 and no adverse features, TEM is sufficient if adverse histopathology (sm ≥2 GB, V1, L1), requires radical resection (TME) as standard	Alternatively, in the case of adverse features on pathology, TEM plus salvage or adjuvant CRT in preoperative high-risk patients (but unproven benefit—with high risk of local recurrence for CRT)
Early (Eco0)	cT1-cT2; cT3a/b if middle or high, N0 (or also cT1 if high), MRF clear, no EMV	Surgery (TME) alone is standard. If unexpected poor prognosis signs on histopathology (CRM+, extranodal/NE), consider postoperative CRT/CT (see postoperative recommendations in Table 7)	For fragile, high-risk patients or those rejecting radical surgery (CRT with evaluation, local excision or if achieving cCR, watch-and-wait, organ preservation)
Intermediate	cT3a/b very low, levators clear, MRF clear or cT3a/b in mid- or high rectum, cT1-2 (not extranodal), no EMV	Surgery (TME) alone is a standard only if good-quality mesorectal resection assured (and local recurrence <5.5%); if not, preoperative SCRT (5 × 5 Gy) or CRT followed by TME	If CRT is given and cCR is achieved, watch-and-wait in high-risk patients for surgery may be considered
Bad	cT3c/d or very low localisation levators threatened, MRF clear cT3c/d mid-rectum, cT1-2 (extranodal), EMV+, limited cT4b/d	Preoperative SCRT (5 × 5 Gy) or CRT followed by TME, depending on need for regression	If CRT and cCR achieved, watch-and-wait in high-risk patients may be considered
Advanced (Eg0)	cT3 with any MRF involved, any cT4a/b, lateral node+	Preoperative CRT followed by surgery (TME) and more extended surgery if needed due to tumour overgrowth; or preoperative SCRT (5 × 5 Gy) plus FOLFOX and delay to surgery	Alternatively, 5 × 5 Gy alone with a delay to surgery in fragile/elderly or in patients with severe comorbidity who cannot tolerate CRT



Neoadjuvant Radiotherapy Versus Surgery Alone for Stage II/III Mid-low Rectal Cancer With or Without High-risk Factors

A Prospective Multicenter Stratified Randomized Trial

Xiangyang Deng, MD,* Ping Liu, MD,† Dan Jiang, MD,‡ Mingtong Wei, MD,* Xin Wang, MD,§ Xuyang Yang, MD,* Yuanchun Zhang, MD,¶ Bing Wu, MD,|| Yanjun Liu, MD,¶ Meng Qiu, MD,‡ Hui Zhuang, MD,** Zongguang Zhou, MD,* Yunfeng Li, MD,‡§§ Feng Xu, MD,§§§ and Ziqiang Wang, MD,†§§

TABLE 1. Criteria for Inclusion, Exclusion, and Low and High-Risk in This Study

Inclusion criteria

1. Histologically verified adenocarcinoma of rectum
2. The lower border of the tumor within 10 cm of the anal verge
3. Age between 18 to 80
4. ECOG (Eastern Cooperative Oncology Group, ECOG) ≤ 2
5. Preoperative TRUS or high definition MRD with abdominal pelvic CT diagnosis as T3 and T4a or N1 (short axis diameter over 8 mm)
6. No evidence of metastases with chest and abdominopelvic CT

Exclusion criteria

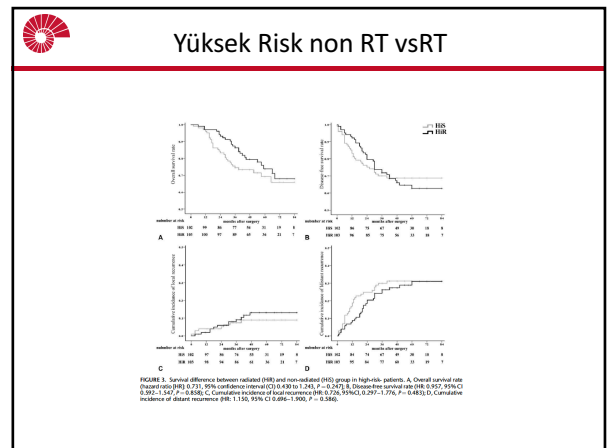
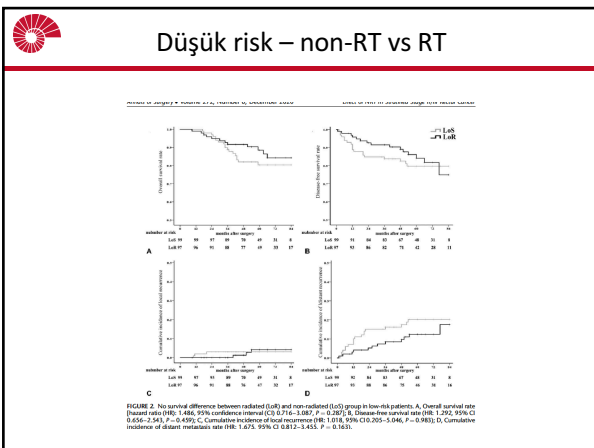
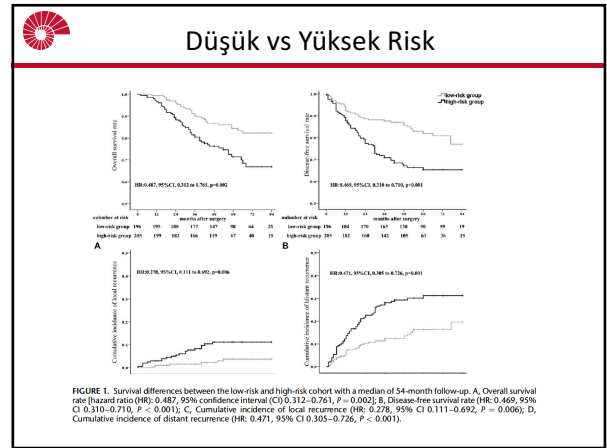
1. With simultaneous multiple colorectal cancers or other cancer;
2. T4b tumor (invasion on uterus, vagina, bladder, seminal vesicle, prostate, bone, pelvic nerve plexus) during operation (tumor with levator or external anal sphincter invasion which can undergo R0 resection with a standard extender APR were not excluded)
3. A history of malignant tumor within 5 years (except the skin cancer);
4. Locally recurrent rectal cancer
5. Pregnant or lactating women
6. Has contraindication for the preoperative adjuvant radiotherapy or operation
7. History of chemotherapy or radiation before this trial
8. Any evidence of distant metastases before surgery

Low-risk criteria

1. T3 tumor with extramural invasion of mesorectum < 5 mm on the posterior or lateral aspect of rectum, but without threatening the CRM
2. T4a tumor above the reflexion without > 5 mm mesorectal invasion
3. An anteriorly located T3 tumor with obvious features of invading extramural fat tissue (such as high density of the mesorectum on CT or as indicated by TRUS)
3. No lymph node > 8 mm

High-risk criteria

1. T3 tumor with extramural invasion of mesorectum > 5 mm on the posterior or lateral aspect of rectum
2. An anteriorly located T3 tumor with obvious features of invading extramural fat tissue (such as high density of the mesorectum on CT or as indicated by TRUS)
3. Lymph nodes > 8 mm
4. T3 tumor with a full circular growth on digital or endoscopic examination



NCCN

National Comprehensive Cancer Network
NCCN Guidelines Version 2.2021
Rectal Cancer

Table of Contents
 Discussion

CLINICAL STAGE	NEOADJUVANT THERAPY	PRIMARY TREATMENT	ADJUVANT TREATMENT ^{1-6*} (UP TO 6 MO PERIOPERATIVE TREATMENT)
T3, N any with clear CRM (by MRI) ¹⁰ T1-2, N1-2	NEOADJUVANT THERAPY Long-course chemo/RT ¹¹ + Capecitabine or Infusional 5-FU ¹² or Short-course RT ¹³	Consider restaging ¹⁴ (best tumor response 8 wk after completion of RT) Transabdominal resection ¹⁵ Resection contraindicated	FOLFOX or CAPEOX → Surveillance (See REC-11) Systemic therapy ¹⁶ (See REC-3)
	TOTAL NEOADJUVANT THERAPY FOLFOX or CAPEOX or Long-course chemo/RT ¹¹ + Capecitabine or Infusional 5-FU ¹² or Short-course RT ¹³		
T3, N any with clear CRM (by MRI) ¹⁰ T1-2, N1-2	Long-course chemo/RT ¹¹ + Capecitabine or Infusional 5-FU ¹² or Short-course RT ¹³ Chemotherapy (12-18 weeks) + FOLFOX or CAPEOX	Restaging ¹⁴ (best tumor response 8 wk after completion of RT) Transabdominal resection ¹⁵ Resection contraindicated	Surveillance (See REC-11) Systemic therapy ¹⁶ (See REC-3)

NCCN

Kısa

Uzun

TNT

Kemoterapi gecikmesi : 21 haftayı bulabilmekte

TNT

5 ay önce KT

Hasta performansı

İndüksiyon

Konsolidasyon

Kısa RT – Uzun dönem RT

TNT- Memorial Sloan Kettering Cancer

32 hasta

Tm 5-12 cm

Folfox + Bevasizumap

RT –

%25 patolojik tam yanıt

%0 Lokal nüks

%72 N +

BACCHUS: A randomised non-comparative phase II study of neoadjuvant chemotherapy (NACT) in patients with locally advanced rectal cancer (LARC)

- Bacchus Trial
 - Folfox plus Bevacizumap
 - Folfoxiri plus bevacizumap
 - cT3
 - Crm 1 mm
 - N +
- Patolojik tam yanıt cevabı düşük
- T ve N de belirgin gerileme

Prospect Çalışması

Prospect trial

Rt vs KT – Selektif RT

- Faz II
- Hasta alımı 2019

Sonuçlar bekleniyor

FOWARC

Sonuçlar

- 495 hasta
- Sonlanım: 3 yıllık DFS

pCR :

- %27.5 Folfox + RT
- % 14 RT
- %6.6 KT

Komplikasyon

- 1 ve 2 grup %18- %20 KT %8

3 yıllık DFS

- %73, 78, 74

Lokal nüks

- % 8, 7 ve 7.3

pCR ve Tümör regresyonu KRT ve KT arasında fark yok

Folfox + RT pCR ve tümör regresyonunda üstün ancak DSF

İndüksiyon vs Konsolidasyon

The Timing of Rectal Cancer Response Chemoradiation Consortium

- Uzun dönem Rt vs :Uzun dönem RT + 2 ,4,6sıklüs FOLFOX
- pCR %18-25-30-38
- DSF %50 -81

KONCLUDE

- Rt + 8Folfox vs adjuvan Folfox
- pCR ve DFS %15

İndüksiyon vs Konsolidasyon

The Rectal Cancer Consortium – ABD

- 8 kür CAPOX, FOLFOX indüksiyon vs konsolidasyon
- pCR ve DFS
- Uzun döneme sonuç bekleniyor

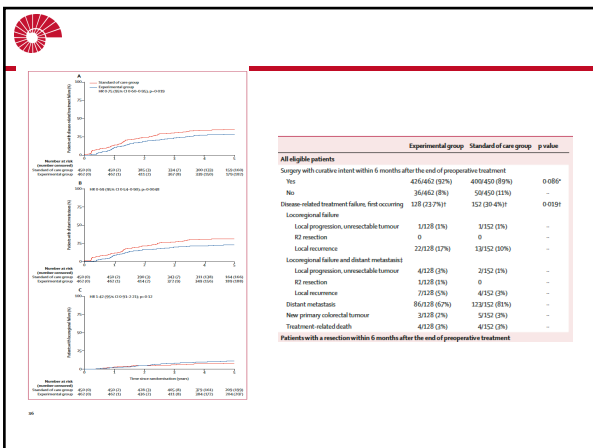
Alman Rektal Kanser Çalışma

- 3 kür Folfox – İndüksiyon – Konsolidasyon
- pCR % 17-25
- Uzun dönem sonuç bekleniyor

İndüksiyon vs Konsolidasyon

Short-course radiotherapy followed by chemotherapy before total mesorectal excision (TME) versus preoperative chemoradiotherapy, TME, and optional adjuvant chemotherapy in locally advanced rectal cancer (RAPIDO): a randomised, open-label, phase 3 trial

- Uzun RT CAPOX + Cerrahi
- Kısa RT + 6 kür CAPOX
- pCR %28 – 14
- 3 yıllık DFS % 23.7 - %30.4
- 3 Lokal nüks %8



Tümör lokalizasyonu

- Proksimal ve orta
 - Sfinkter koruyucu cerrahi
- Distal
 - Sfinkter koruyamama

N + --- NOM

Organ Preservation Among Patients With Clinically Node-Positive Rectal Cancer: Is It Really More Dangerous?

Angelita Habr-Gama, M.D., Ph.D.^{1,2} • Guilherme Pagin Sjo Juliao, M.D.¹ • Bruna Borba Vailati, M.D.¹ • Laura M. Fernandez, M.D.¹ • Cinthia D. Ortega, M.D.² • Nuno Figueiredo, M.D., Ph.D.¹ • Joaquim Gama-Rodrigues, M.D., Ph.D.^{1,2} • Rodrigo Oliva Perez, M.D., Ph.D.^{1,2,5}

RESULTS: A total of 117 patients with node-positive and 218 with node-negative cancer at baseline were reviewed. Overall, 62 (53.0%; node positive) and 135 (61.9%; node negative) achieved a complete clinical response and were managed nonoperatively ($p = 0.13$). Patients with baseline node-positive cancer had similar rates of pathologic nodal metastases at the time of recurrence. Five-year surgery-free survival (39.7% vs 46.8%; $p = 0.2$) and distant metastases-free survival (77.5% vs 80.5%; $p = 0.49$) were similar between baseline node-positive and node-negative patients.

CEVAP

CRM - LN +

NEOADJUVAN TEDAVI ?

CERRAHI TEDAVI ?

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